

Jain Society Of Metropolitan Washington

# Wellness Curriculum Part 1

## Preparing for College Admissions

Presented by:  
Raju Shah and Nitin Sogani  
Date: Oct 21<sup>st</sup> 2018

Disclaimer: The opinions expressed on the following slides are solely for information purpose and are intended only for the target audience. Please seek professional advice for any materials presented.

# Middle School

- Important
- Provides a foundation in lots of subjects
- Student develops interest in specific subjects and sports/extra-curricular activities
- Student develops skills required for high school success

# High School 9th and 10th Grade

- Keep up the course levels and the grades

- Advanced Placement (AP)
- International Baccalaureate (IB)
- Gifted & Talented (GT)
- Honors (H)
- Regular(R)

Weighted Quality Points			
Grade	AP and G/T	Honors	Regular
A	5.0	4.5	4.0
B	4.0	3.5	3.0
C	3.0	2.5	2.0
D	1.0	1.0	1.0
E	0	0	0

- Involve in extra-curricular activities/clubs
- Pre-SAT (PSAT) (10th Grade)
  - Practice run
  - Usually planned by the school

# High School 11th Grade

- Stay on track with your grades, coursework, extra-curricular activities
- PSAT (Fall) – Usually planned by the school
- Organize a testing plan:
  - SAT/ACT (Spring),
  - SAT Subject Tests and AP exams (After the corresponding courses taken)
- NCAA certification - If interested in college sports
- Plan a summer activity - summer study, volunteering, job

# High School 12th Grade

Time to apply..

**What “stuff” colleges  
actually look for?**

# Where to Apply?

- How many colleges?
  - 6-8 colleges
- Which ones?
  - Safeties (1-3) – High likelihood of admission
  - Targets (3-5) – Good likelihood of admission
  - Reaches (2-4) – Low likelihood of admission

# How to Apply?

- Applications platforms: (most colleges accept from at least two)
  - Common – Accepted by nearly 700+ institutions
  - Universal – Accepted by 20+ institutions
  - Coalition – Accepted by 90+ institutions
  - College's Own

# When to Apply?

- Multiple options for most colleges and each college has its own deadline for each option
  - Early Decision (ED): Binding. In most cases - cannot apply early to other colleges. Usually 11/1 – 12/1
  - Early Action (EA): Non-binding. In most cases - can apply early to other colleges. Usually 11/1 – 12/1
  - Restricted Early Actions (REA) (Single-Choice Early Action): Non-binding, but cannot apply early to other colleges. Usually 11/1 – 12/1
  - Regular Decision: Regular deadline. Usually 1/1 – 2/1
  - Rolling Admissions: Accept until enrollments reach the capacity

# General Application Timeline...

## STAYING ON TRACK WITH YOUR COLLEGE APPLICATIONS

### SEPTEMBER

Take any tests that are needed and send score reports to colleges

Start looking for private scholarships

Choose your 8+ colleges (safety, fit, & reach)

Determine application requirements and deadlines

Start your applications & essays

### OCTOBER

Ask your teachers & other adults for recommendations

Complete FAFSA & CBS Financial Aide Profile if required

### NOVEMBER

Send in your SAT scores and high school transcript.

Complete all of your applications and put the finishing touches on your college essays.

### DECEMBER

Find more options for financial aid.

Take tests that are needed & have scores sent to schools

Submit your completed college applications

### JANUARY/FEBRUARY

Submit any remaining college applications

Submit mid year reports to colleges that require them

### MARCH/APRIL

Colleges will let you know about their decisions and aid awards

Study for your AP Exams

Choose the college that will be your best fit & respond to your chosen college!

### MAY

Start loan application process

Take AP Exams

*You did it! Congratulations!*

we can help! [specializedcollegeconsulting.com](http://specializedcollegeconsulting.com)

# Online Resources

- Website utilized by school
- College's website
- [www.collegeboard.org](http://www.collegeboard.org) (Administers tests like PSAT, SAT, SAT Subject etc.)
- [www.act.org](http://www.act.org) (Administers ACT)
- [www.nces.ed.gov](http://www.nces.ed.gov) (US Department of Education College Navigator)

# College Essays, Interviews, and Scholarships...