

Jain Society Of Metropolitan Washington

Wellness Curriculum Part 1

Preparing for College Admissions

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Disclaimer: The opinions expressed on the following slides are solely for information purpose and are intended only for the target audience. Please seek professional advice for any materials presented.

Middle School

- Important
- Provides a foundation in lots of subjects
- Student develops interest in specific subjects and sports/extra-curricular activities
- Student develops skills required for high school success

High School 9th and 10th Grade

- Keep up the course levels and the grades

- Advanced Placement (AP)
- International Baccalaureate (IB)
- Gifted & Talented (GT)
- Honors (H)
- Regular(R)

Weighted Quality Points			
Grade	AP and G/T	Honors	Regular
A	5.0	4.5	4.0
B	4.0	3.5	3.0
C	3.0	2.5	2.0
D	1.0	1.0	1.0
E	0	0	0

- Involve in extra-curricular activities/clubs
- Pre-SAT (PSAT) (10th Grade)
 - Practice run
 - Usually planned by the school

High School 11th Grade

- Stay on track with your grades, coursework, extra-curricular activities
- PSAT (Fall) – Usually planned by the school
- Organize a testing plan:
 - SAT/ACT (Spring),
 - SAT Subject Tests and AP exams (After the corresponding courses taken)
- NCAA certification - If interested in college sports
- Plan a summer activity - summer study, volunteering, job

High School 12th Grade

Time to apply..

**What “stuff” colleges
actually look for?**

Where to Apply?

- How many colleges?
 - 6-8 colleges
- Which ones?
 - Safeties (1-3) – High likelihood of admission
 - Targets (3-5) – Good likelihood of admission
 - Reaches (2-4) – Low likelihood of admission

How to Apply?

- Applications platforms: (most colleges accept from at least two)
 - Common – Accepted by nearly 700+ institutions
 - Universal – Accepted by 20+ institutions
 - Coalition – Accepted by 90+ institutions
 - College's Own

When to Apply?

- Multiple options for most colleges and each college has its own deadline for each option
 - Early Decision (ED): Binding. In most cases - cannot apply early to other colleges. Usually 11/1 – 12/1
 - Early Action (EA): Non-binding. In most cases - can apply early to other colleges. Usually 11/1 – 12/1
 - Restricted Early Actions (REA) (Single-Choice Early Action): Non-binding, but cannot apply early to other colleges. Usually 11/1 – 12/1
 - Regular Decision: Regular deadline. Usually 1/1 – 2/1
 - Rolling Admissions: Accept until enrollments reach the capacity

General Application Timeline...

STAYING ON TRACK WITH YOUR COLLEGE APPLICATIONS

SEPTEMBER

Take any tests that are needed and send score reports to colleges

Start looking for private scholarships

Choose your 8+ colleges (safety, fit, & reach)

Determine application requirements and deadlines

Start your applications & essays

OCTOBER

Ask your teachers & other adults for recommendations

Complete FAFSA & CBS Financial Aide Profile if required

NOVEMBER

Send in your SAT scores and high school transcript.

Complete all of your applications and put the finishing touches on your college essays.

DECEMBER

Find more options for financial aid.

Take tests that are needed & have scores sent to schools

Submit your completed college applications

JANUARY/FEBRUARY

Submit any remaining college applications

Submit mid year reports to colleges that require them

MARCH/APRIL

Colleges will let you know about their decisions and aid awards

Study for your AP Exams

Choose the college that will be your best fit & respond to your chosen college!

MAY

Start loan application process

Take AP Exams

You did it! Congratulations!

we can help! specializedcollegeconsulting.com

Online Resources

- Website utilized by school
- College's website
- www.collegeboard.org (Administers tests like PSAT, SAT, SAT Subject etc.)
- www.act.org (Administers ACT)
- www.nces.ed.gov (US Department of Education College Navigator)

College Essays, Interviews, and Scholarships...